Volunteer Opportunities

easterseals Greater Houston

Weekdays throughout the year:

The Adult Day Program (ages 21+) meets Monday - Wednesdays for yoga, games, bingo, crafts and other activities along with community outings planned throughout the month. Volunteers assist participants with the activities, and help with feeding (as the volunteer is comfortable). Church groups and high school or college organizations are invited to plan field trips or special classes for our Adult Program to enjoy, such as trips to museums or sporting events, or classes focused on art or music.

Contact: adult@eastersealshouston.org



Young Adult Night (ages 15-21) meets monthly on Friday nights for crafts, cooking, games, movies, and other activities along with community outings. Volunteers assist with activities at various locations.

Contact: playgroup@eastersealshouston.org

The Ready to Achieve Mentoring Program (RAMP) is a career-focused program for youth with disabilities involved with or at-risk of becoming involved with the juvenile justice system. Volunteers serve as mentors to the youth, on mock interview day and internships during and after school at various locations. Must be 21+ to be a RAMP mentor.
Mock Interview Day(s) are held at two locations (two days) each spring, typically in April. You do not need to be a RAMP mentor to volunteer for Mock Interview Day.

Contact: Yvonne Kelly, 832-851-0315, YKelly@eastersealshouston.org

Saturdays throughout the year:



The Adult Bowling Program uses adaptive equipment to help people with disabilities bowl. Volunteers assist with ramps and games.

Contact: Donald LeMoine, 713-838-9050 x310, dlemoine@eastersealshouston.org



Saturday Family Day Out provides respite care to families of children with disabilities and their siblings. Volunteers provide the children with one-on-one attention and assist with activities at various locations including Montgomery County.

Contact (Houston): Sadie McWhorter, SMcWhorter@eastersealshouston.org

Contact (Montgomery Co.): Andi Fry, 713-838-9098 x313, AFry@eastersealshouston.org

Summer & weekend camps:

Camp Buckaroo is a summer day-camp for children with disabilities and their siblings. Volunteers provide the children with one-on-one attention and assist with activities.

2027 Dates: TBA
Locations: Shepherd of the Heart (Pearland), The Woodlands Methodist Church (The Woodlands), St. John the Divine (Houston), and Sugar Creek Baptist Church (Sugar Land)

Camp Smiles is a summer overnight camp for children with cerebral palsy or similar neurological disorders. Volunteers assist with feeding, bathing and toileting, and assist with all camp activities.

2027 Dates: TBA

Location: Camp For All in Burton, TX (Mandatory Orientation in Houston)

Camp MOST is a weekend retreat for Camp Smiles graduates ages 14-21. The retreat focuses on socialization and being confident in who you are.

2027 Dates: TBA

Location: Camp For All in Burton, TX (Mandatory Orientation in Houston)

You MUST apply online to volunteer at camps.

Contact: Lynn Neef, (832) 840-7849, LNeef@eastersealshouston.org

****With the exception of camps and our high school Youth Action Council (YAC), volunteers must be 16 years of age to volunteer for our programs without an adult chaperone. Volunteers ages 13-15 are accepted on a case-by-case basis and must be accompanied by an adult.**