



# easterseals

## Greater Houston

### Help • Hope • Answers



Founded in 1947, Easter Seals Greater Houston serves Veterans, Service Members, children and adults with all types of disabilities, as well as their families. Through a staff of over 250 professionals, Easter Seals serves more than 15,000 families annually in the Greater Houston area.

[www.eastersealshouston.org](http://www.eastersealshouston.org)



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Since 1947, Easter Seals of Greater Houston, Inc. has provided help, hope, and answers to Veterans, Service Members, children and adults with any type of disability, and the families who love them. The local non-profit is leading the way to 100% equity, inclusion, and access through essential resources and supports for every stage of life. Through therapy, training, education, and support services, Easter Seals Greater Houston creates life-changing solutions so that people with disabilities can live, learn, work, and play in our community.

The most recent data shows that **one in four Americans is living with a long-term condition or other disability**, which means the demand for our services continues to grow. Easter Seals must raise its entire budget every year from government funds, private foundations, corporate partnerships, special events and individual contributors. Easter Seals Greater Houston is extremely efficient, with \$.91 of every dollar going to direct client services. Support Veterans, Service Members, children and adults with disabilities, and their families at [www.eastersealshouston.org](http://www.eastersealshouston.org).

## Partners in Hope

You can help individuals with disabilities develop to their fullest physical, cognitive, and social potential. Therapy, research, prevention, a variety of support services and education are all hallmarks of Easter Seals' local and national mission.

Through hard work, therapy, support and treatment, many of the individuals we serve reach their goals and are able to improve their quality of life, independence, productivity, and integration into the community. Support enhancing education, advancing health, expanding employment, and elevating the community today!



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## ECI/Infant Development

The ECI/Infant Development Program provides comprehensive Early Childhood Intervention Services for children ages birth to 36 months who have a delay in at least one area of development; have a diagnosed medical condition that places them at high risk for delayed development or have behavior that is unusual or is not typical. As needed, this program offers developmental screening and assessment; developmental services; case management; speech/language therapy; physical and occupational therapy; nutrition services; audiological services; parent education; home visits; vision services; assistive technology and translation. **For each dollar spent on early intervention, the government saves \$7 in therapy and other services once a child with a disability reaches school age.**

Learn more about your child's development, visit Easter Seals' Make the First Five Count Campaign at [www.makethefirstfivecount.org](http://www.makethefirstfivecount.org).

For more information on ECI, please visit <https://www.hhs.texas.gov/services/disability/early-childhood-intervention-services-eci>. Refer your child for a free evaluation by emailing [ecireferrals@eastersealshouston.org](mailto:ecireferrals@eastersealshouston.org).

This  
**Early Childhood  
Intervention**  
program works in association with  
**Texas Health and Human Services**

## Children's Therapy Services

The Easter Seals Children's Therapy outpatient rehabilitation facility helps children ages 0-21 learn to walk, talk, feed and play through physical, occupational and speech therapy services.

Our Licensed Therapists have specialized training and certifications including:

- Neuro-Developmental Therapy
- Lite Gait
- Universal Exercise Unit
- Kinesiotaping
- Sensory Integration
- Therapeutic Listening
- Therapy Intensives in the summer
- Hand Writing without Tears
- Hanen Language Program
- Beckman Oral Motor Therapy
- Feeding Therapy
- PROMPT training
- Floor Time Therapy

Easter Seals Greater Houston's Children's Therapy Program is AAAASF accredited and accepts Medicaid, CHIP, insurance and private pay as fees for service. For more information about Easter Seals' therapy services, please call 713.838.9050, ext. 381.





## Camps

**Camp Buckaroo** is a summer day-camp for children ages 6 to 15 with disabilities and their siblings ages 6 to 10. Campers participate in themed games, crafts, and other fun activities with the help of their 1:1 volunteer buddy.

**Camp Smiles** is a summer overnight camp for children ages 6 to 15 with cerebral palsy or similar neurological disorders. Camp Smiles takes place at Camp For All, a completely accessible camp site where campers of all abilities can swim, fish, go horseback riding, and even do a high ropes course.

**Camp MOST** is a weekend retreat for teens and young adult Camp Smiles graduates that is also held at Camp For All, the completely accessible camp site. The retreat focuses on socialization and self-confidence.



## Case Management and Information & Referral

Easter Seals' Case Management services keep individuals with disabilities and their caregivers on track to get the services they need, such as therapy, durable medical equipment, and resources for food, housing and legal assistance.

### Case Management services are offered under four categories:

1. Community Living Assistance & Support Services (CLASS) Case Management
2. Veterans, Service Members and their families
3. Financial Coaching and Education
4. Navigation as a partner of United Way Greater Houston's Second Century Vision

Easter Seals' Case Management services also provide limited emergency assistance and are recipients of Emergency Food & Shelter Funds.

### CLASS

Community Living Assistance and Support Services provides home and community based services to people with disabilities as a cost-effective alternative to placement in an intermediate care facility. The main benefit of CLASS is to help maintain independence and provide support for a person with a disability. Easter Seals is a provider of case management services for the CLASS program in the greater Houston area.

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## ToyTech & Play Group Therapy

ToyTech offers a lending library of specially adapted toys that make play accessible to children with all types of disabilities. Play Group Therapy includes Adapted Yoga, Karate, and Video Games. ToyTech and Play Groups offer educational experiences that support the physical, cognitive and social development of children, which assists with integration of children with disabilities into their families, school, and the community. Play is how children learn, explore the world, and discover their own capabilities. While children are having fun, they are building the base for literacy, mathematical reasoning, creativity, and computer use - all skills that they need to develop into independent, productive adults.



## BridgingApps®

BridgingApps® is the nationally award winning program that provides resources, education, and information on apps and mobile devices to help people with disabilities and Veterans target and improve skills and reach their highest levels of physical, cognitive, social, mental and financial health.

BridgingApps® offers the following free programs and services:

- Open Labs and Open Houses; Lab locations include: BridgingApps Technology Lab in Houston, The Woodlands Lab, and the Stafford Lab.
- Individualized Lab Appointments
- Full Augmentative and Alternative Communication (AAC) Evaluation (private pay)
- Mobile Device Services
- Workshops and Presentations
- TexasYouth2Adult & VirginiaYouth2Adult Transition Tools
- Financial Technology training and education

BridgingApps® helps bridge the gap between technology and people with disabilities. For more information, please visit [www.bridgingapps.org](http://www.bridgingapps.org).

## Assistive Technology Labs

This program features adaptive aids that allow persons with disabilities to access technology as a means to gain more control over their lives and enhance their ability to function as independently as possible. Equipment includes software and devices that enable people with disabilities to use technology as an empowering agent facilitating communication, employment opportunities and independence. Please visit [www.bridgingapps.org](http://www.bridgingapps.org) to view each lab's hours.



## Education Services

**High School/High Tech** is a community-based partnership of parents, educators, rehabilitation professionals and business representatives working together to encourage high school students with disabilities to explore the fields of science, engineering and technology. **Almost half of students with disabilities drop out of high school, but 99% of our students graduate.**

Through this program students with disabilities are presented a mix of learning experiences that promote career exploration and broaden educational horizons including the following:

- Corporate site visits
- Mentoring at Ready to Achieve Mentoring (RAMP) sites in collaboration with the Institute for Educational Leadership, and mentoring from professionals
- Job shadowing, guest speaker presentations, science and technology-related school activities and projects
- For some, employment through paid summer internships
- On-the-job training, career and college counseling and computer workshops.



## The Caroline School

The Caroline School is a private school where every child learns with the right amount of support. Our team of educators specializes in teaching students 18 mo. to 21 years old with multiple disabilities, including but not limited to intellectual and developmental delays, communication and mobility impairments, and additional medical needs. After fostering a caring relationship with each child, lessons are individualized and implemented to target each learner's physical, social and cognitive needs. By following a customized curriculum and providing therapeutic activities like art, music therapy, and pet therapy, we meet students where they are developmentally and support them to reach their highest potential.

We offer low student-to-teacher ratios, [sliding scale tuition](#), simple year-round enrollment, an accessible playground, summer school, and extended school-day options. In conjunction with other Easter Seals programs, we also offer on-site communication and technology support and Physical, Occupational, and Speech Therapy. For more information, please visit [www.CarolineSchool.org](http://www.CarolineSchool.org).

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## Transition & Supported Employment Services

Easter Seals Greater Houston provides supported employment and job placement for any approved Texas Workforce Commission clients in its service area. Any Texas Workforce Commission client with a disability is also eligible for Easter Seals' supported employment program. Supported employment services include assessment, training and job placement assistance. Transition Services provides pre-employment training classes for teens and young adults who need assistance in learning how to find and keep employment.



## Respite Services

Respite Services are support options provided on a short-term basis for the purpose of relief to primary caregivers of individuals with disabilities. Respite care is an assistance program for caregivers; but just as importantly, it is a prevention program aimed at stopping some of the social problems that can result from the tremendous emotional, physical, and mental demands of caring for someone with a disability.

**In-Home Vouchers** provide funds for child care services in the family's home.

**Respite** is a free overnight stay at a local hotel.

**Parents Night Out** is a Friday night out-of-home Respite program where children, teens, and young adults with disabilities have an opportunity to socialize in a safe and fun environment

**Family Day Out** is a Saturday day-camp held throughout the year in community settings for children with disabilities and their siblings. Children participate in arts and crafts and other fun activities.



## Adult Services

Easter Seals' Adult Program offers recreational and social opportunities for adults and seniors with disabilities. The Adult Program meets three times per week to do a variety of activities and community outings, engage with community resources, and practice skills for independent living, including self-advocacy and touch-based technology training. This program offers many of our clients their only opportunity to socialize and provides respite for their caregivers.

In addition to weekly meetings, the Adult Program goes bowling one or two Saturdays each month.



## Housing and Financial Coaching

The Housing and Financial Coaching Program helps low-income individuals and families, Veterans and adults with disabilities, and families with a child with a disability achieve financial stability through financial education, financial coaching, homebuyers education, public benefits assistance and connection to community resources.

In addition to being a HUD-approved agency, Easter Seals administers the Montgomery County Down Payment Assistance Program, which closes on 20 - 30 homes every year, making the dream of homeownership a reality for individuals with disabilities who are low to moderate income and first-time homebuyers.

We are proud partners of United Way Greater Houston's Financial Education Initiative (THRIVE), which works to break the cycle of poverty giving families the tools they need to become self-sufficient and financially stable.





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## Veterans, Service Members and Military-Connected Family Services

Easter Seals Greater Houston offers individual, couples, and group counseling, case management, and information and referral services to Veterans, Service Members and Military-Connected Family Members. Our mission is to assist Veterans, Service Members and Military-Connected Family Members in building the lives they want during and after the military by meeting their needs around reintegration, stability, wellness, and growth and providing an easy point of entry to a range of behavioral health services. The program is funded in part by the Texas Veterans + Family Alliance grant and Texas Veterans Commission. For more information, please visit [eastersealshouston.org/military-veterans](http://eastersealshouston.org/military-veterans) or call 346-330-3859.

### Family Camps

Family Camps, typically led in tandem by our Camps and Mental Health teams, happen over long weekends in the fall and spring. Family camps focus on giving families an opportunity to connect in the outdoors and engage with mental health supports; financial education and coaching; technology assistance; and service and companion dog training for Veterans with disabilities.



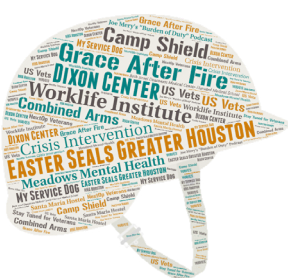
## Mental Health Services

Easter Seals Greater Houston's Mental Health Program provides professional and confidential services to Veteran and military-connected children, teens, adults, families and couples. In addition to providing treatment in a clinical setting, the Mental Health team also provides workshops and presentations to our community on topics such as trauma care, grief and loss, parenting, stress management, and coping after natural disasters.

Our Mental Health staff includes professional counselors, marriage and family therapists, clinical social workers and licensed psychologists. We offer a variety of therapies, all designed to meet the unique needs of each individual. The main types of treatment offered are:

- Cognitive Behavioral Therapy (CBT)
- Solution-Focused Therapy
- Person-Centered Therapy
- Narrative Therapy

For more information or to begin the intake process, contact us at [veterans@eastersealshouston.org](mailto:veterans@eastersealshouston.org)



## Giving

Help Easter Seals continue in its mission of providing exceptional services to people with disabilities and their families by donating today!

Donate online at [www.eastersealshouston.org](http://www.eastersealshouston.org)  
or scan the QR code.



## Volunteering

Easter Seals Greater Houston proudly serves Veterans, service members, children and adults with all types of disabilities, and their families in a multitude of ways. This means that we have a vast number of volunteer opportunities that are perfect for individuals and groups!

Learn more and sign up to volunteer at [www.eastersealshouston.org/volunteer](http://www.eastersealshouston.org/volunteer)



## Walk With Me

Walk With Me is a Family Fun Walk through the Houston Zoo that helps raise awareness and resources for Easter Seals Greater Houston's transformative disability and military-connected services. Our community of clients, service dogs, families, corporate partners, staff, and friends walk, roll and stroll through the zoo toward a more inclusive and accessible tomorrow. The celebration continues with free food, animal shows, children's activities, music, and more. Afterward, participants are welcome to stay and enjoy the zoo for the remainder of the day. For more details, please visit [www.walkwithmehouston.org](http://www.walkwithmehouston.org).

## Youth Action Council

The Youth Action Council (YAC) supports the programs of Easter Seals Greater Houston. Their fundraising and program support make a real impact on our clients. Any high school student in the Greater Houston area who can commit to attending four meetings and participating in Walk With Me are welcome to join as High School Delegates on YAC. For more details, please visit [www.eastersealshouston.org/yac](http://www.eastersealshouston.org/yac).

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## Contact Information

### Adult Services

713.838.9050 x350

Email: [adult@eastersealshouston.org](mailto:adult@eastersealshouston.org)

### BridgingApps

713.838.9050 x383

Email: [bridgingapps@eastersealshouston.org](mailto:bridgingapps@eastersealshouston.org)

[www.bridgingapps.org](http://www.bridgingapps.org)

### Camps

713.838.9050 x309

Email: [camp@eastersealshouston.org](mailto:camp@eastersealshouston.org)

### Caroline School

713.838.9050 x362

Email: [school@eastersealshouston.org](mailto:school@eastersealshouston.org)

### Case Management

713.838.9050 x332

Email: [casemanagement@eastersealshouston.org](mailto:casemanagement@eastersealshouston.org)

### Children's Therapy Program

713.838.9050 x325

Email: [therapy@eastersealshouston.org](mailto:therapy@eastersealshouston.org)

### ECI/Infant Development

713.838.9050 x303

Email: [infant@eastersealshouston.org](mailto:infant@eastersealshouston.org)

Referrals: 713.838.9050, ext. 385

### High School/High Tech

713.838.9050 x363

Email: [hsht@eastersealshouston.org](mailto:hsht@eastersealshouston.org)

## Leadership & Special Events

Elise Hough - CEO

Email: [ehough@eastersealshouston.org](mailto:ehough@eastersealshouston.org)

Gabriela Silva - Special Events Manager

Email: [GSilva@eastersealshouston.org](mailto:GSilva@eastersealshouston.org)

For volunteer information or questions, please email [info@eastersealshouston.org](mailto:info@eastersealshouston.org)

### Housing & Financial Coaching

713.838.9050 x338

Email: [housing@eastersealshouston.org](mailto:housing@eastersealshouston.org)

Email: [financialcoach@eastersealshouston.org](mailto:financialcoach@eastersealshouston.org)

### Mental Health Services

713.838.9050 x347

Email: [mentalhealth@eastersealshouston.org](mailto:mentalhealth@eastersealshouston.org)

### Play Group

713.838.9050 x350

Email: [playgroup@eastersealshouston.org](mailto:playgroup@eastersealshouston.org)

### Respite Services

713.838.9050 x307

Email: [respite@eastersealshouston.org](mailto:respite@eastersealshouston.org)

### ToyTech

713.838.9050 x338

Email: [toytech@eastersealshouston.org](mailto:toytech@eastersealshouston.org)

### Transition/Employment Services

713.838.9050 x343

Email: [transition@eastersealshouston.org](mailto:transition@eastersealshouston.org)

### Veterans, Service Members, and Military-Connected Family Services

713.838.9050 x347

Email: [veterans@eastersealshouston.org](mailto:veterans@eastersealshouston.org)

### Youth Action Council

713.838.9050 x304

Email: [info@eastersealshouston.org](mailto:info@eastersealshouston.org)



Keep up with the latest Easter Seals Greater Houston news and events online!

 [@EasterSealsGreaterHouston](https://www.facebook.com/EasterSealsGreaterHouston)

 [@EasterSealsHou](https://twitter.com/EasterSealsHou)

 [@EasterSealsHouston](https://www.instagram.com/EasterSealsHouston)

 [EasterSealsHouston.org/blog/](https://www.EasterSealsHouston.org/blog/)

 [EasterSealsHouston.org/subscribe/](https://www.EasterSealsHouston.org/subscribe/)



**Changing the way the world defines and views disabilities by making profound, positive differences in people's lives every day.**

For more information, please visit [www.eastersealshouston.org](http://www.eastersealshouston.org)

**Easter Seals' Main Office:**

4888 Loop Central Drive, Suite 200 • Houston, Texas 77081  
(P) 713.838.9050 • (F) 713.838.9098

**Easter Seals Greater Houston - Outreach Locations:**

**Brazos Valley Outreach**

*ECI/Infant Program*  
3211 South Texas Avenue, Suite A  
Bryan, Texas 77802  
(P) 713.838.9050 ext. 385  
(F) 979.704.5082

**Southeast Outreach**

*ECI/Infant Program*  
8876 Gulf Freeway, Suite 450  
Houston, Texas 77017  
Phone: 713.838.9050 ext. 385  
Fax: 713.944.2195

**Conroe Outreach**

*ECI/Infant Program*  
333 North Rivershire Drive, Suite 260  
Conroe, Texas 77304  
(P) 936.494.2820  
(F) 936.494.2821

**Southwest Outreach**

*ECI/Infant, BridgingApps, CLASS Case Management, and ToyTech/Play Groups*  
12300 Parc Crest Drive, Suite 160  
Stafford, Texas 77477  
(P) 713.838.9050  
(F) 281.499.1231

**Kingwood Outreach**

*ECI/Infant Program*  
2940 Oak Street  
Kingwood, Texas 77339  
(P) 713.838.9050, ext 385  
(F) 832.644.9318

**Tomball Outreach**

*ECI/Infant Program*  
11621 Spring Cypress Road, Suite E  
Tomball, Texas 77377  
(P) 713.838.9050  
(F) 246.336.6314

**Liberty County Outreach  
(Cleveland Office)**

*ECI/Infant Program*  
308 Belcher, Suite B  
Cleveland, Texas 77327  
(P) 713.838.9050, ext 385  
(F) 281.592.0480

**Woodlands Outreach**

*ECI/Infant, Respite, ToyTech, BridgingApps, Play Groups, High School/High Tech, Montgomery County Housing, and Down Payment Assistance Programs*  
1600 Lake Front Circle, Suite 218  
The Woodlands, Texas 77380  
(P) 713.838.9050  
(F) 281.466.2855

